

Summary of Phases (November 22, 2020)



Green: Limited Risk (Low)

Spread	COVID-19 is broadly contained and a vaccine and/or effective treatment is available.
Cases	Outbreaks and clusters are rare.
Community Transmission	Low to undetectable.



Yellow: Caution (Moderate)

Spread	Cases are increasing linearly. Medical system has excess capacity
Cases	Household and close contact transmission could be occurring in British Columbia. Single or isolated small cluster outbreaks which are quickly contained.
Community Transmission	Low to undetectable.



Orange: Restricted (High)

Spread	Cases are increasing exponentially and/or Health system may be approaching capacity and/or Community Transmission is occurring on the North Island.
Cases	Household and close contact transmission is occurring on Vancouver Island. New clusters are more common, can be controlled through testing/contact tracing.
Community Transmission	Community transmission of COVID-19 is occurring.



Red: Critical (Extreme)

Spread	There are widespread outbreaks and new clusters that cannot be controlled through testing and contact tracing and/or, Health system has exceed capacity.
Cases	The virus is being transmitted at levels that public health and the health system cannot manage.
Community Transmission	Community spread of COVID-19 is not contained and/or there are significant strains on our health care system.



Green: Limited Risk

Conditions (one or more condition is met)	<ul style="list-style-type: none">• Widespread vaccination• Community immunity• Broad Successful treatments
Recommend	Wash hands thoroughly, many times a day.
Gatherings	Not Restricted.
Travel (except medical emergency)	Not restricted.
Individuals in community	Not restricted.
Record time and location of	Not Required.
Household representative	Not Required.
Self-isolation	Anyone experiencing cold & flu symptoms.
If you have any COVID Symptoms, Contact:	To be determined.
Band Administration	Regular Operations No restrictions.
School/Daycare	Regular operations No restrictions



Yellow: Caution

Conditions (one or more condition is met)	<ul style="list-style-type: none">• Vancouver Island case counts are stable (linear growth)• Island Health Care System has excess capacity
Recommend	<ul style="list-style-type: none">• Maintain physical distancing with anyone outside household members• Wear face mask outside household• Wash hands many times a day
Gatherings	<ul style="list-style-type: none">• Each household should limit social contacts to 6 additional people, OR recommendation of health officer (whichever is less)• Vulnerable dependents• In-person workplace (with proper safety precautions)• Additional households at recommendation of Health Officer
Travel (except medical emergency)	Limit travel to on Vancouver Island only
Individuals in community	<ul style="list-style-type: none">• Residents• Essential workers• Those conducting direct business• Social gatherings if allowed
Record time and location of	All locations visited: <ul style="list-style-type: none">• Outside of Quatsino
Household representative	Everyone: Limit time spent in public, especially indoors
Self-isolation	<ul style="list-style-type: none">• Individuals with COVID Symptoms• Individuals COVID+ (+10 days after infectious period)
If you have any COVID symptoms, contact:	<ul style="list-style-type: none">• Nurse via Clinic• Local Covid line at 250-902-6091• Follow the advice given
Band Administration	<ul style="list-style-type: none">• Health Clinic Open (appointment only)• Band Office (appointment only)• Some Staff working remotely
School/Daycare	<ul style="list-style-type: none">• Facilities open• Increased cleaning protocols• Install hand sanitizer stations and plexiglass dividers as required• Drop-off, pick-up safety protocols in place



Orange: Restricted

Conditions (one or more condition is met)	<ul style="list-style-type: none">• Vancouver Island case counts are increasing exponentially,• < 10 days since COVID + individual entered self-isolated in Quatsino,• Possible community transmission,• Island Health Care System approaching capacity.
Recommend	<ul style="list-style-type: none">• Remote work if possible, stagger shifts to limit number of people in the same time• Maintain physical distancing with anyone outside household members• Wash hands many times a day
Gatherings	<ul style="list-style-type: none">• Immediate household• Vulnerable dependents• Remote work options when possible
Travel (except medical emergency)	<ul style="list-style-type: none">• Limit Travel to: North of Comox• Cancel or postpone all elective appointments and procedures
Individuals in community	<ul style="list-style-type: none">• Residents• Essential workers• Those conducting direct business• (Add separate doc with examples)
Record time and location of	All locations visited outside: <ul style="list-style-type: none">• Outside of Quatsino
Household representative	One individual / household pickup essential items.
Self-isolation	<ul style="list-style-type: none">• Individuals with COVID Symptoms• Individuals COVID+ (+10 days after infectious period) Recommended <ul style="list-style-type: none">• Any individual returning from outside North Island (Beyond Comox)
If you have any COVID Symptoms, Contact:	<ul style="list-style-type: none">• Nurse via Clinic• Local COVID line at 250-902-6091• Follow the advice given
Band Administration	<ul style="list-style-type: none">• Health Clinic Open (appointment only)• Band office closed to public.• All Staff working remotely as much as possible, shifts are staggered to limit the number of people in the building at time
School/Daycare	<ul style="list-style-type: none">• School/daycare Open• Additional safety precautions



Red: Critical

Conditions (one or more condition is met)	<ul style="list-style-type: none">• Case(s) present in Quatsino or Port Hardy• Island Health Care System at or exceeded capacity
Recommend	<ul style="list-style-type: none">• Remote work• Wash hands many times a day
Gatherings	<ul style="list-style-type: none">• Immediate household only
Travel (except medical emergency)	Essential travel to Port Hardy only
Individuals in community	<ul style="list-style-type: none">• Residents• Essential workers
Record time and location of	All locations visited: <ul style="list-style-type: none">• Outside of household
Household representative	One individual/ household pickup essential items.
Self-isolation	All community members, except designated household representative
If you have any COVID Symptoms, Contact:	<ul style="list-style-type: none">• Nurse via Clinic• Local COVID line at 250-902-6091• Follow the advice given
Band Administration	<ul style="list-style-type: none">• Health Clinic available for emergencies only• Band Office closed to the public• All staff working remotely
School/Daycare	<ul style="list-style-type: none">• School/Daycare closed•