



## Quatsino First Nation

305 Quattishe Rd  
Coal Harbour, B.C  
V0N 1K0  
Phone: (250) 949-6245  
Fax: (250) 949-6249

# COVID-19 UPDATE

April 19, 2021

A single case of COVID-19 has been confirmed in community. The individual, and members of their household, have started their self-isolation. Public Health is currently contact tracing to notify people that may have been in close contact.

Now is our opportunity to be still, so that we can limit the spread of the COVID-19 in our community. While our risk is higher right now, by limiting our contacts as much as possible, we can stop transmission. The vaccine that we received provides us protection but is not a guarantee against infection. COVID does not discriminate, we need to come together and support each other as a whole community. Everyone is asked to do their part.

## What you can do

- Public Health will contact individuals that require self-isolation
- Monitor yourself and family for symptoms. Get tested if any symptoms develop.  
**Testing is available in community 250.230.2498 or through Island Health 250.902.6091**
- Now is the time to be most vigilant.
  - Work from home if possible.
  - Limit your contacts to essential shopping (food medications) only.
  - Utilize curbside pickup and delivery options where possible.
- Gatherings should be limited to your immediate household only.
- We should see fewer faces in larger spaces.

## What the Nation is doing

### Phase

- We are moving to the **Red Phase** of our response. This means:
  - Limiting your travel to the Mount Waddington Regional District (except medical appointments and work requirements)
  - Limit contacts to your immediate household

### K'ak'ot'lats'l School

- The School will be moving to online learning delivery (effective today the CDER team will reassess on April 27). For additional information refer to the School Facebook page.

### Ax sila xa Gingananam Daycare

- The Daycare will be closing to in-person service. For additional information refer to the Daycare Facebook page.



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### **Band Administration**

- To limit possible exposures, all staff will be working remotely (See contact list below).
- Cigarette sales will be limited to Monday 8am until 3pm and Friday 8am until 12pm

The CDER team will monitor the situation over the coming days and weeks. We will provide an update on or before April 27, 2021

**Be Kind, Be Calm, Be Safe**

Together with you,

Your CDER Team



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### Health Clinic Contact List

Ixmagilas will still be available for Medication and grocery pick up. Please call 250-230-2498.

You can contact any health staff member by calling or texting **250-230-2498** or:

Jen Nelson [jen@quatsinofn.ca](mailto:jen@quatsinofn.ca)  
Jane Nelson [clinic@quatsinofn.ca](mailto:clinic@quatsinofn.ca)  
Anita Pyne [nurse@quatsinofn.ca](mailto:nurse@quatsinofn.ca)  
Beth Nelson [homecare@quatsinofn.ca](mailto:homecare@quatsinofn.ca)  
Tammy Hunt [chr@quatsinofn.ca](mailto:chr@quatsinofn.ca)  
Frankie Nelson [frankie@quatsinofn.ca](mailto:frankie@quatsinofn.ca)  
Karen Cook [karencook@quatsinofn.ca](mailto:karencook@quatsinofn.ca)

### Administration Staff Contact

Administration Office 250.949.6245  
Daycare 250.949.6498  
School School Facebook Page

### CDER Team Contacts

(for question related to COVID-19)

Jen Nelson [jen@quatsinofn.ca](mailto:jen@quatsinofn.ca)  
Anita Pyne [nurse@quatsinofn.ca](mailto:nurse@quatsinofn.ca)  
Beth Nelson [homecare@quatsinofn.ca](mailto:homecare@quatsinofn.ca)  
Tammy Hunt [CHR@quatsinofn.ca](mailto:CHR@quatsinofn.ca)  
Karen Cook [KarenCook@quatsinofn.ca](mailto:KarenCook@quatsinofn.ca)  
Melinda Heard [MSHeard@quatsinofn.ca](mailto:MSHeard@quatsinofn.ca)  
Marilyn Morash [MMorash@quatsinofn.ca](mailto:MMorash@quatsinofn.ca)  
Helen Charlie [HCharlie@quatsinofn.ca](mailto:HCharlie@quatsinofn.ca)  
James Redford [Lands@quatsinofn.ca](mailto:Lands@quatsinofn.ca)  
April Webber [Referrals@quatsinofn.ca](mailto:Referrals@quatsinofn.ca)  
Rob Cahill [kakotlatsi@rocketmail.com](mailto:kakotlatsi@rocketmail.com)  
Bobby Jean Nelson [ea@quatsinofn.ca](mailto:ea@quatsinofn.ca)  
Chief T. Nelson [chieftnelson@quatsinofn.ca](mailto:chieftnelson@quatsinofn.ca)

### Emergency Operations Centre Director

Chad Pacholik [chad@thelogicleague.ca](mailto:chad@thelogicleague.ca) 778.878.7559



## Red: Critical

<b>Conditions</b> (one or more condition is met)	<ul style="list-style-type: none"><li>• Case(s) present in Quatsino or Port Hardy</li><li>• Island Health Care System at or exceeded capacity</li></ul>
<b>Recommend</b>	<ul style="list-style-type: none"><li>• Remote work</li><li>• Wash hands many times a day</li></ul>
<b>Gatherings</b>	<ul style="list-style-type: none"><li>• Immediate household only</li></ul>
<b>Travel</b> (except medical emergency, work responsibilities)	Essential travel to Regional District of Mount Waddington only
<b>Individuals in community</b>	<ul style="list-style-type: none"><li>• Residents</li><li>• Essential workers</li></ul>
<b>Record time and location of</b>	All locations visited: <ul style="list-style-type: none"><li>• Outside of household</li><li>• Contact tracing will be undertaken to connect with close contacts, ask them to self-isolate.</li></ul>
<b>Household representative</b>	One individual/ household pickup essential items.
<b>Self-isolation</b>	As required by Public Health
<b>If you have any COVID Symptoms, Contact:</b>	<ul style="list-style-type: none"><li>• Nurse via Clinic</li><li>• Local COVID line at 250-902-6091</li><li>• Follow the advice given</li></ul>
<b>Band Administration</b>	<ul style="list-style-type: none"><li>• Health Clinic available, refer to contact list</li><li>• Band Office available, refer to contact list</li><li>• All staff working remotely</li></ul>
<b>School/Daycare</b>	<ul style="list-style-type: none"><li>• School/Daycare remote learning/services</li></ul>



**K'ak'ot'lats'i School**

600 Cayuse Road Coal Harbour, BC V0N 1K0

Tel: 250-949-9666 Fax: 250-949-9680

April 19, 2021

## **Transition to Online Learning**

Please be advised that our community has shifted to the **Red Phase** due to a confirmed COVID-19 case within the community. The current confirmed case is not a student or staff member; however, we are taking all necessary precautions to reduce the possibility of exposure. In doing so, we are transitioning to online learning effective tomorrow (Tuesday, April 20, 2021). The online period will be effective during the following period:

**Tuesday, April 20, 2021 to Tuesday, April 27, 2021**

Please note the review date for this transition is Monday, April 26, 2021 so please stay tuned to our schools' Facebook page for further information.

### **Online Learning**

For those who attended this morning, your child will be returning home with their assigned iPad and curriculum packages. Please refer to your child's existing classroom pages for schedules and future instructions. Please do everything possible to safeguard your child's assigned technology and curriculum packages! We thank you for your understanding and continued support during these times of uncertainty!

Please practice safe social distancing and follow all recommended safety measures to safeguard yourself, your family and the community!

Gilakas'la,

K'ak'ot'lats'i Staff

